

TITLE: Tell a Trusted Adult

OBJECTIVES:

After completing this lesson, students will be able to:

- Describe situations they should report to an adult.
- Identify the qualities of a trusted adult.
- Dial 911 in an emergency.

Lesson time – 25 minutes

ITEMS NEEDED:

- “Tell a Trusted Adult” video
- Butcher paper with a silhouette of a person drawn on it. 1 LARGE AND ONE SMALLER
- Markers
- Attachment 6 – Calling

ASK STUDENTS: Ask: What are some things that might make you feel sad, scared or confused? Answers may include: if someone tries to grab me, if someone touches me in a way I don’t like, if someone tries to take me somewhere, etc. Tell students: Those are all situations you should tell a trusted adult about. But let’s talk about who a trusted adult really is.

SHOW THE VIDEO: Tell a Trusted Adult

Ask:

Why was Jen upset? (Mr. Madigan was making her feel uncomfortable. He was trying to talk to her alone. It made her feel weird.) What did the boys tell her to do? (Tell a trusted adult.)

GATHER: Gather the students around the larger silhouette

ASK: What did the boys say a trusted adult was? Fill in the silhouette with the students’ responses. Their answers should complete the phrase “A trusted adult...”

Answers may include: A trusted adult... listens to you, helps you, makes you feel safe, teaches you things, helps you when you’re scared, doesn’t get mad when you tell them how you feel, etc.

GATHER: Gather the students around the smaller silhouette. Write “Trusted adults make me feel...” in the center. Ask students to complete the phrase and write their responses in the silhouette with words (e.g., safe, happy) and pictures (e.g., smiley faces, rainbows) that represent how trusted adults make them feel.

REVIEW: Review both the trusted adult and child silhouette on the board. Tell students that a trusted adult is someone who you can count on; someone who helps you; someone who makes you

feel safe; and someone who doesn't make you feel sad, scared or confused. If an adult makes you feel sad, scared or confused, they are not being trustworthy.

FOLLOW UP: Discuss with students how there may be times when they need help, but they can't find a trusted adult. Give every student a copy of Attachment 6 – Calling 911 and review the rules for calling 911. Then have them take the worksheet home and complete the questions with their parent or guardian.

OPTIONAL ACTIVITY: Trusted Adult Word Search

BE SURE: to fill out the Safe Environment Education of Children, Youth and Parents Form and leave in the receptacle in the office. Thank you

Thank you for all of your efforts in keeping young people safe!